

Date	Place	Amount of loan			Annual Payment of Sinking Fund			Period
		£	s.	p.	£	s.	p.	
<i>Famagusta District :</i>								
17 July, 1937 ..	Patriki	80	0	0	10	7	2	10 years
17 July, 1937 ..	Kalopsidha	110	0	0	14	4	8	10 „
28 Aug., 1937 ..	Limnia	130	0	0	16	16	6	10 „
10 Sept., 1937 ..	Lysi	325	0	0	42	1	7	10 „
<i>Paphos District :</i>								
28 Aug., 1937 ..	Arodhes, Pano	110	0	0	14	4	8	10 years
28 Aug., 1937 ..	Nata	100	0	0	12	19	0	10 „
<i>Kyrenia District :</i>								
14 June, 1937 ..	Myrtou	180	0	0	23	6	2	10 years

Made at Nicosia, this 24th day of November, 1937.

(M.P. 1104/25.)

No. 212. THE PRISON DISCIPLINE LAW, 1879.

REGULATIONS MADE UNDER SECTION 4.

H. R. PALMER,
Governor.

In exercise of the powers vested in him by section 4 of the Prison Discipline Law, 1879, His Excellency the Governor, with the advice of the Executive Council, has been pleased to make and hereby makes the following Regulations :—

- Gazettes:*
- These Regulations may be cited as the Prison (Amendment) Regulations, 1937, and shall be read as one with the Prison Regulations, 1908 to 1936, (hereinafter referred to as “the Principal Regulations”), and the Principal Regulations and these Regulations may together be cited as the Prison Regulations, 1908 to 1937.
 - Regulation 129 of the Principal Regulations is hereby repealed and the following substituted therefor :—
“Prison food. 129. Prisoners before trial who do not provide themselves with food shall receive the quantity of food specified in dietary No. 3 prescribed in Schedule C. hereto.”
 - Regulation 141 of the Principal Regulations is hereby repealed and the following substituted therefor :—
“Ration scales. 141. Subject to the provisions of Regulation 43, every convicted prisoner shall receive the quantity of food specified in the scale of dietary, prescribed in Schedule C. hereto.”
 - Regulation 192 of the Principal Regulations is hereby repealed and the following substituted therefor :—
“Diet scale. 192. The scale of dietary as laid down in Schedule C. hereto shall be strictly adhered to.”

5. The Principal Regulations are hereby amended by the deletion of that part thereof which relates to diet (occurring immediately after Schedule B. thereof) and the insertion therein of the following as Schedule C. :—

“ SCHEDULE C.

PART I.

DIETARY No. 1.

Weekly dietary for male prisoners, not actually performing hard manual labour, and all female prisoners (excepting male and female prisoners undergoing sentence of imprisonment not exceeding fourteen days).

(a) *Breakfasts :*

2 days	{ Bread	100	drams
	{ Cheese	25	drams
3 days	{ Bread	100	drams
	{ Raisins	40	drams
1 day	{ Bread	100	drams
	{ Egg	1	
1 day	{ Bread	100	drams
	{ Olives	40	drams.

(b) *Midday Meals :*

2 days	{ Bread	150	drams
	{ Cheese	25	drams
3 days	{ Bread	150	drams
	{ Fresh vegetables	60	drams
	{ Oil	10	drams
1 day	{ Bread	150	drams
	{ Cooked meat, free of bone	75	drams
	{ Rice, before being cooked	50	drams
1 day	{ Bread	150	drams
	{ Bulgur or Bakla	50	drams
	{ Oil..	10	drams.

DIETARY No. 2.

Weekly dietary for male prisoners actually performing hard manual labour such as stone breaking, road making and other public works, shoemaking, etc. :—

The dietary shall be the same as dietary No. 1 with the addition of 50 drams of bread to the midday meals for each prisoner.

DIETARY No. 3.

Dietary for male and female prisoners under sentence of imprisonment not exceeding 14 days :—

(a) *Breakfasts :* The same as in dietary No. 1.

(b) *Midday Meals :—*

Daily, 250 drams of bread.

On alternate days, in addition to the bread stated.. .. One day : olives, 40 drams.
Next day : fresh vegetables, 60 drams.
oil, 10 drams.

DIETARY No. 4.

Punishment diet for all prisoners :—

Daily { Bread 200 drams
Water Unlimited.

No punishment diet shall be inflicted for more than ten consecutive days and there shall be an interval of not less than seven days of ordinary diet between each period of such diet.

No prisoner on punishment diet shall be employed on hard manual labour during the period he may be on punishment diet: Provided always that he shall be required to clean his own cell.

DIETARY FOR MILITARY PRISONERS.

New by 38/575 & 2.

Days	Breakfast	Dinner	Supper
Sunday	Bread 8 oz. Gruel 1 pint	Bread 4 oz. Potatoes 1 lb. Meat 4 oz.	Bread 6 oz. Gruel 1 pint
Monday	do.	do.	do.
Tuesday	do.	Bread 8 oz. Potatoes 1 lb.	do.
Wednesday	do.	Bread 4 oz. Potatoes 1 lb. Soup with peas 1 pint	do.
Thursday	do.	Bread 8 oz. Potatoes 1 lb.	do.
Friday	do.	Bread 8 oz. Soup 1 pint Cheese 1½ oz.	do.
Saturday	do.	Bread 8 oz. Potatoes 1 lb.	do.

PART II.

1. The vegetables supplied in dietaries Nos. 1, 2 and 3 of Part I of this Schedule shall be fresh and of a cheap wholesome description, such as potatoes, kolokas, vegetable marrows, cabbages, onions; the meat shall be 75 drams cooked and free of bones; the meat, rice and bones shall be stewed and served as a stew or soup, sufficient salt being added.

2. Fresh fruit of cheap and wholesome description may, upon the order of the Medical Officer of the Prison and in such quantities as he may direct, be supplied as an extra, to prisoners on dietary Nos. 1, 2 and 3 of Part I of this Schedule.

3. In this Schedule one dram equals 1/400th part of an oke and an oke equals 2.8 lbs."

Made in Council, this 23rd day of November, 1937.

(M.P. 1489/36.)

R. J. THORNE THORNE,
Clerk of the Executive Council.