

3. The principal Regulations are hereby amended by the deletion therefrom of Appendix A thereto and the substitution therefor of the following Appendix :—

“APPENDIX A.
(Regulation 141).

DIET SHEET FOR ALL PRISONERS AT THE CENTRAL PRISON
AS APPROVED BY THE DIRECTOR OF MEDICAL SERVICES.

Item	Quantity
1. Cooking butter	10 drams daily.
2. Eggs	3 weekly.
3. Cheese or Hallouni	10 drams daily.
4. Meat with bone, fish with bone or minced meat	40 drams three times weekly.
5. Brown bread	195 drams daily.
6. Rice, macaroni, boulgouri or vermicelli	20 drams daily.
7. Potatoes, carrots, kolokassi, pulles, beetroot or any other root vegetable	125 drams daily.
8. Cabbage, cauliflower, celery, lahana, spinach, marrows, lettuce, gylstiritha, cucumber or any other leafy vegetable	55 drams daily.
9. Louvi dry, fassolia, pakla kounnes, lentils, louvana, cow peas, peas, kreatofasoula or any other pulses, dry or fresh	25 drams daily.
10. Fruit or vegetable fruit, including tomatoes	100 drams daily.
11. Sugar	5 drams daily.
12. Tea	1 dram daily.
13. Salt	2 drams daily.
14. Olive Oil	15 drams daily.
15. Olives	15 drams daily.
16. Condensed milk	5 drams daily.”

Made this 11th day of March, 1957.

By Command of His Excellency the Governor,

M. R. POPHAM,

Clerk of the Executive Council.

(M.P. 1265/55.)

No. 304.

THE CURFEWS LAWS, 1955.
LAWS 17 AND 47 OF 1955.

ORDER MADE UNDER SECTION 2.

In exercise of the powers vested in the Governor by section 2 of the Curfews Laws, 1955, and delegated to me under section 2A of the said Laws by Notification No. 666 published in Supplement No. 3 to the *Gazette* of the 19th July, 1956, I do hereby order as follows :—

1. This Order may be cited as the Curfews (Famagusta District No. 5) Order, 1957.

2. No Greek or Turkish Cypriot born on or after the 1st January, 1930, shall be out of doors within the area prescribed in the First Schedule hereto between the hours prescribed in the Second Schedule hereto except under the authority of a written permit granted by the Commissioner of Famagusta or the Assistant Chief Constable in charge of the area:

Provided that this Order shall not apply to any member of the Executive Council, Her Majesty's Forces, or the Cyprus Police Force.

This Order shall come into force on the 25th day of February, 1957, and shall remain in force until further notice.

3. The Curfews (Famagusta District No. 17A) Order, 1956, and the Curfews (Famagusta District No. 4) Order, 1957, are hereby cancelled.

FIRST SCHEDULE.

The Municipal area of Famagusta.

SECOND SCHEDULE.

18.30 hours and 05.00 hours.

Ordered this 25th day of February, 1957.

B. J. WESTON,
Commissioner of Famagusta.

No. 305.

THE EMERGENCY POWERS (PUBLIC SAFETY AND ORDER)
REGULATIONS, 1955 TO (No. 17) 1956.

ORDER MADE UNDER REGULATION 34 (1) (b).

In exercise of the powers vested in the Governor by Regulation 34 (1) (b) of the Emergency Powers (Public Safety and Order) Regulations, 1955 to (No. 17) 1956 and delegated to me by Notification No. 807 published in Supplement No. 3 to the *Gazette* of the 22nd December, 1955, I, the Assistant Commissioner of Nicosia, Limassol and Paphos, hereby prohibit the use of all vehicles on all roads within the area of Limassol District described in the Schedule hereto until further notice.

SCHEDULE.

Description of Area.

All the area lying within the administrative boundaries of the following villages :—

Khandria and Kyperounda.

Made this 18th day of January, 1957.

D. O. WHITTALL,
*Assistant Commissioner of Nicosia,
Limassol and Paphos.*

No. 306. THE DEFENCE (IMPORTATION OF GOODS)
REGULATIONS, 1956.

AMENDMENT TO OPEN GENERAL IMPORT LICENCE No. 20000.

The Open General Import Licence No. 20000 published in the *Gazette* of the 5th January, 1956, under Notification No. 11, as amended by Notification No. 993, published in the *Gazette* of the 18th October, 1956, is further amended by the deletion of item 2 (iv) from the First and Second Schedules thereto.

Gazettes :
Supplement
No. 3 :
5. 1.1956.
18.10.1956.

Dated this 19th day of March, 1957.

(M.P. 11157/55.)

D. A. PERCIVAL,
Director of Commerce and Industry.

EXPLANATORY NOTE.

(This note is not part of the amendment but is intended to explain its general purport).

The amendment deletes from the Open General Licence the references to "Cheese and Curd". These commodities can therefore now be imported only under specific licence.